

READING HABIT AMONG STUDENT

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Introduction

The centre of every institution, especially in academia, is considered to be the library. It is a treasure trove of information, and in order to explore this wonderful wealth of information or put this bank of knowledge to use, libraries must take a proactive role in attracting, encouraging, and motivating their users, particularly students, to read and explore these vast information resources. The Library should be a welcoming place. A Library, with the greatest collections, infrastructure, and even services, is said to come to life only when its users touch it. Students, on the other hand, are turning away from reading in this age of information and technology for a variety of reasons. There are several distractions

that keep people occupied, such as television, mobile phones, the internet, computer games and animations, and so on, leaving little time or tolerance for reading. They don't read nearly enough for their academic courses. As a result, in this digital age, it is critical to remind them that the library is still the ideal location to enjoy reading as well as to study quietly, and to encourage them to read.

Reading is a vital activity that is not only enjoyable but also necessary; it is the foundation of education. The foundation of every effective education is the development of a strong reading culture. Researchers have widely explored the importance of reading in children's educational

pursuits, claiming that it fosters a profound awareness and improves the emotional and intellectual well-being of the kid, allowing them to constructively contribute to society.

Need For Reading Habit

Students' reading habits are not developed by the educational system. Parents do not instill a reading habit in their children at home. When a youngster has only recently learned to read independently, it is easy to create a reading habit in them. It's been claimed that "Early infancy is when the roots of reading development are built... this is a formative stage marked by great energy, character building, and a desire to learn. This is also a critical time for building a solid intellectual foundation for the youngster ". Children are highly active at this age; they are cognitively, emotionally, and physically active, and they have a natural drive to learn. It is critical to implement proactive learning techniques and methodologies that help youngsters to build a lifelong reading habit while also taking into account their unique peculiarities.

Children who do not have access to a healthy reading culture or have not formed a reading habit may struggle with their literacy abilities, and later in life they may find it difficult to absorb a diverse variety of learning materials and limit themselves to textbook-based learning. Students are becoming increasingly enamoured and even hooked to the media, the internet, and

software containing games and animation to fulfill their demand for knowledge and amusement in the current environment, with the dazzling developments in technology and seductive diversity in the media. The major issue that librarians face is motivating and instilling a reading habit in underprivileged pupils or first-generation learners. Making them aware of the advantages or benefits of reading, as well as the fact that a healthy reading habit improves self-study and self-learning skills, would motivate them to read and strengthen their reading habit.

Benefits of reading:

- Reading increases vocabulary and enhances understanding. It broadens one's knowledge base and instills self-assurance.
- Reading broadens one's knowledge and viewpoint while also being pleasurable and beneficial to one's physical and mental well-being.
- Reading improves one's ability to express oneself clearly in writing.
- Reading also helps to enhance one's maturity level, allowing them to acquire and retain information more quickly and for a longer period of time as they mature.
- Reading improves one's self-confidence and self-esteem.
- Reading aids in the development of self-study and life-long learning abilities.
- Reading prompts questions, generates ideas, and initiates a chain of creative thought.

- Regular reading strengthens the desire to read quicker, absorb information more readily, and read for longer periods of time.

Conclusion

Today's readers are supposed to be tomorrow's leaders. Students are the nation's future leaders. Without a doubt, the awakening of the student population to the importance of reading will result in a sea shift in the development of decent and well-informed citizens for the country. As a result, today's librarians have a difficult job. If kids are encouraged and motivated to begin reading from an early age, they will be more equipped to deal with concepts, ideas, and processes, therefore extending and developing their sensitivities. Continue to nurture and sustain their reading habit, which will sharpen their intellect and mental abilities, allowing them to mature intellectually into thoughtful individuals, develop their own standards of excellence, make an impact at every stage of their lives, and contribute to a meaningful society.

Reading is an education in and of itself, and it is critical that we, as librarians, realise this and support the academic curriculum in a variety of ways in order to instil and improve students' reading habits. The instructor teaches reading as a skill. The librarian's privilege and obligation is to assist pupils in developing this talent and discovering the art of reading.

References

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